2011 State Profile — New York
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In New York, 942 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 122,929 clients in substance abuse treatment on March 31, 2011. The survey response rate in New York was 97.4%.

Facility Operation

| | Facilities | | Clients in Treatment on March 31, 2011 | | | |
| | | | All Clients | | Clients Under Age 18 | |
	No.	%	No.	%	No.	%
Private non-profit	688	73.0	88,706	72.2	3,532	73.2
Private for-profit	130	13.8	19,520	15.9	705	14.6
Local, county, or community government	68	7.2	9,575	7.8	366	7.6
State government	38	4.0	2,079	1.7	136	2.8
Federal government	13	1.4	2,572	2.1	0	0.0
Dept. of Veterans Affairs	12	1.3	2,322	1.9	0	0.0
Dept. of Defense	1	0.1	250	0.2	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	5	0.5	477	0.4	87	1.8
Total	**942**	**100.0**	**122,929**	**100.0**	**4,826**	**100.0**

Primary Focus of Facility

| | Facilities | | Clients in Treatment on March 31, 2011 | | | |
| | | | All Clients | | Clients Under Age 18 | |
	No.	%	No.	%	No.	%
Substance abuse treatment services	818	86.8	111,598	90.8	4,222	87.5
Mental health services	17	1.8	731	0.6	25	0.5
Mix of mental health & substance abuse treatment services	85	9.0	8,831	7.2	566	11.7
General health care	11	1.2	1,007	0.8	1	0.0
Other/unknown	11	1.2	762	0.6	12	0.2
Total	**942**	**100.0**	**122,929**	**100.0**	**4,826**	**100.0**

Substance Abuse Problem Treated

| | Facilities[1,2] | | Clients in Treatment on March 31, 2011 | | Clients per 100,000 Pop. |
| | | | Clients[3] | | |
	No.	%	No.	%	Aged 18 or Older
Clients with both alcohol and drug abuse	850	94.0	58,016	47.5	365
Clients with drug abuse only	798	88.3	47,631	39.0	305
Clients with alcohol abuse only	736	81.4	16,466	13.5	103
Total[2]	**904**		**122,114**	**100.0**	**773**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 38

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care

Type of Care	Facilities[1] No.	Facilities[1] %	All Clients No.	All Clients %	Median No. of Clients Per Facility	Clients Under Age 18 No.	Clients Under Age 18 %
Outpatient	**628**	**66.7**	**108,856**	**88.6**	**125**	**4,286**	**88.8**
Regular	575	61.0	55,634	45.3	79		
Intensive	303	32.2	12,728	10.4	20		
Day treatment/partial hospitalization	90	9.6	3,530	2.9	25		
Detoxification	40	4.2	279	0.2	0		
Methadone maintenance	115	12.2	36,685	29.8	304		
Residential (non-hospital)	**266**	**28.2**	**12,034**	**9.8**	**25**	**539**	**11.2**
Short term	60	6.4	1,887	1.5	28		
Long term	212	22.5	9,491	7.7	23		
Detoxification	34	3.6	656	0.5	10		
Hospital Inpatient	**81**	**8.6**	**2,039**	**1.7**	**19**	**1**	**0.0**
Treatment	65	6.9	1,110	0.9	16		
Detoxification	50	5.3	929	0.8	8		
Total	**942**		**122,929**	**100.0**	**82**	**4,826**	**100.0**

Clients in Treatment on March 31, 2011

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs[1]	**154**	**13.0**
Clients in Facilities with OTPs		
Methadone	37,575	98.4
Buprenorphine	602	1.6
Total	**38,177**	**100.0**

[1] Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options

	Facilities[1] No.	Facilities[1] %
Cash or self-payment	878	93.2
Private health insurance	685	72.7
Medicare	411	43.6
Medicaid	821	87.2
Other State-financed health insurance	490	52.0
Federal military insurance	283	30.0
Access to Recovery (ATR) vouchers[2]	N/A	N/A
Accepts HIS/638 contract care funds	25	2.7
No payment accepted	12	1.3
Accepts other payments	1	0.1
Sliding fee scale	735	78.0
Treatment at no charge for clients who cannot pay	487	51.7

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation

	Facilities[1] No.	Facilities[1] %
Any listed agency/organization	929	98.6
State substance abuse agency	896	95.1
State mental health department	124	13.2
State department of health	334	35.5
Hospital licensing authority	119	12.6
The Joint Commission	275	29.2
CARF[2]	98	10.4
NCQA[3]	24	2.5
COA[4]	32	3.4
Other State/Local Agency/Org	35	3.7

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehabilitation Facilities

[3] National Committee for Quality Assurance

[4] Council on Accreditation

Facility Funding

	Facilities No.	Facilities %
Receives Federal, State, county, or local government funds for substance abuse treatment programs	550	58.4

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	**922**	**97.9**
Screening for substance abuse	880	93.4
Screening for mental health disorders	707	75.1
Comprehensive substance abuse assessment or diagnosis	858	91.1
Comprehensive mental health assessment or diagnosis	461	48.9
Screening for tobacco use	784	83.2
Outreach to persons in the community who may need treatment	448	47.6
Interim services for clients when immediate admission is not possible	318	33.8
Testing	**935**	**99.3**
Breathalyzer or blood alcohol testing	816	86.6
Drug or alcohol urine screening	928	98.5
Screening for Hepatitis B	335	35.6
Screening for Hepatitis C	349	37.0
HIV testing	356	37.8
STD testing	318	33.8
TB screening	444	47.1
Counseling	**936**	**99.4**
Individual counseling	933	99.0
Group counseling	904	96.0
Family counseling	744	79.0
Marital/couples counseling	511	54.2
Transitional Services	**931**	**98.8**
Discharge planning	923	98.0
Aftercare/continuing care	673	71.4
Pharmacotherapies	**744**	**79.0**
Medications for psychiatric disorders	528	56.1
Nicotine replacement	550	58.4
Campral®	294	31.2
Antabuse®	201	21.3
Naltrexone (oral)	254	27.0
Vivitrol® (injectable Naltrexone)	64	6.8
Buprenorphine	378	40.1
Subutex® or generic	180	19.1
Suboxone®	372	39.5
Methadone	195	20.7
Non-nicotine smoking/tobacco cessation medications	349	37.0
Ancillary Services	**938**	**99.6**
Case management services	651	69.1
Social skills development	694	73.7
Mentoring/peer support	465	49.4
Child care for clients' children	69	7.3
Assistance with obtaining social services	695	73.8
Employment counseling or training for clients	497	52.8
Assistance in locating housing for clients	529	56.2
Domestic violence	338	35.9
Early intervention for HIV	357	37.9

continued

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	714	75.8
Hepatitis education, counseling, or support	612	65.0
Health education other than HIV/AIDS or hepatitis	704	74.7
Substance abuse education	923	98.0
Transportation assistance to treatment	540	57.3
Mental health services	567	60.2
Acupuncture	56	5.9
Residential beds for clients' children	31	3.3
Self-help groups	502	53.3
Smoking cessation counseling	708	75.2

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	929	98.6
Relapse prevention	897	95.2
Cognitive-behavioral therapy	855	90.8
12-step facilitation	706	74.9
Motivational interviewing	873	92.7
Anger management	785	83.3
Brief intervention	799	84.8
Contingency management/motivational incentives	526	55.8
Trauma-related counseling	621	65.9
Rational emotive behavioral therapy (REBT)	405	43.0
Matrix model	207	22.0
Community reinforcement plus vouchers	84	8.9
Other treatment approaches	111	11.8

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	244	73
Number of clients[2]	10,350	1,808
Number of designated beds	11,029	1,855
Utilization rate (%)	93.8	97.5
No. of designated beds/facility (avg.)	45	25

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

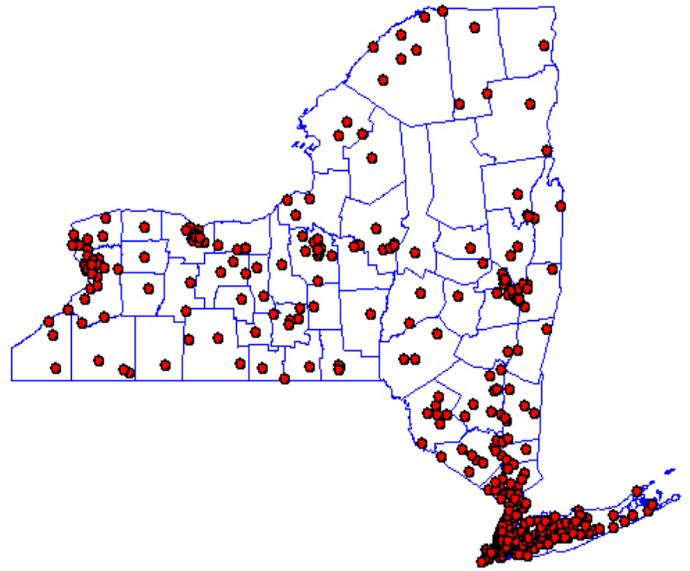[2] Number of clients on March 31, 2011.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	758	80.5
Co-occurring disorders	397	42.1
Adult women	473	50.2
Adolescents	252	26.8
DUI/DWI offenders	195	20.7
Criminal justice clients	256	27.2
Adult men	431	45.8
Pregnant or postpartum women	80	8.5
Persons with HIV or AIDS	106	11.3
Seniors or older adults	65	6.9
Lesbian, gay, bisexual, or transgender clients (LGBT)	50	5.3
Other groups	160	17.0

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	148	15.7
Any language other than English	456	48.4
Non-English Language Provided by:		
On-call interpreter only	39	8.6
Staff counselor only	300	65.8
Both staff counselor and on-call interpreter	117	25.7
Languages Provided by Staff Counselor:[1]		
Spanish	401	96.2
American Indian/Alaska Native languages	1	0.2
Other	120	28.8

[1] Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at:
http://www.datafiles.samhsa.gov

Other substance abuse reports are available at:
http://www.samhsa.gov/data/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

• Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/